



CFTU

Christian Feminism To You

Speakers Bureau

# Sacred Pathways: Your Journey Back to the Divine

*Our spiritual journeys are impacted not only by our life experiences, but by our temperaments and spiritual practices which resonate within us.*

This workshop utilizes the book by Gary Thomas, *Spiritual Pathways: Discover Your Soul's Path to God*. Thomas works with the principles from the Myers-Briggs® Type Indicator in crafting nine different spiritual pathways to God. Our strengths, weaknesses, and personal preferences shape the way we respond to The Holy. Beyond Thomas's application, however, this seminar encourages participants to reflect more deeply on how The Divine is understood and experienced in our individual lives, particularly when faced with illness, death or other stressors. Of particular emphasis are the strategies that create the most "touchstones" or sacred moments.

Participants will be introduced to Thomas's nine "pathways," and engage in reflection exercises personally and in small groups. In crafting a "personal pathway" participants will consider temperament, preferences, education, and culture. Purchasing or reading the book ahead of time is not required, but it is recommended for further study.

*This interactive presentation can be experienced as a 90-minute workshop or half-day seminar. It works well as a part of a retreat that includes use of the Myers-Briggs® Type Indicator.*

***"I was surprised that, as a Jew, I was actually someone who was an 'Enthusiast,' someone who responds to worshipping the Divine with mystery and celebration! But in my understanding of G-d, I realized that this is where I identify as a Jew and as a child of Sarah and Abraham."***

## Rev. Deb Vaughn

Rev. Deborah (Deb) Vaughn is a professional chaplain endorsed by the Alliance of Baptists. She is a frequent contributor to the RevGalBlogPals blogs, "The Pastoral is Political" and "Friday Prayer," as well as authoring "ViewPoint" blog posts and reviews on *Christian Feminism Today*. Deb wrote the chapter, "Life Disrupted: A Night in the Trauma Room" for Martha Spong's anthology, *There's a Woman in the Pulpit: Christian Clergywomen Share Their Hard Days, Holy Moments and the Healing Power of Humor*. An active social justice advocate, she is currently serving as the coordinator of Christian Feminism Today's Executive Council. Deb lives with her husband and young adult daughters in Washington, D.C. Her many interests include music, public speaking, photography, and blogging.



**For booking information contact Christian Feminism Today by emailing office [at] eewc [dot] com.**

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